

"Mario", the first case of assisted suicide in Italy, has died

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"Mario" is Federico Carboni, 44 years old from Senigallia: "Life is fantastic, but the suffering is too much. Proud to have written a piece of history"

Gallo and Cappato (National Secretary and Treasurer of Associazione Luca Coscioni) "We had to replace the state. We will continue to do so."

16 June 2022 – Federico Carboni, 44 years old from Senigallia, until now known as "Mario", died this morning at 11.05 am. He is the first Italian to have requested and obtained access to medically assisted suicide, made legal by the constitutional court ruling 242/2019 on the Cappato-Antoniani case.

The identity of "Mario" was revealed after his death, as he decided. Federico died in his home after having self-administered the lethal drug through a special machine, costing about 5,000 euros, entirely at his expense, and for which the Luca Coscioni Association had launched a fundraising.

The medically assisted suicide procedure took place under the medical supervision of Dr. Mario Riccio, anesthesiologist of Piergiorgio Welby and consultant of Federico Carboni during the judicial proceedings. Alongside Federico, were present his family, friends, as well as Marco Cappato, Filomena Gallo coordinator of the legal team composed, besides her, by Massimo Clara, Angelo

Calandrini, Cinzia Ammirati, Francesca Re, Rocco Berardo, Giordano Gagliardini and Francesco Di Paola.

The final green light for access to assisted suicide had arrived on February 9, with the opinion on the drug and on the "execution" methods, after almost two years from the first request to the ASUR – the health authority of the Marche region (Central Italy)-and after a long legal battle, in which he was assisted by the Luca Coscioni Association.

[HERE all its history](#)

His last words: "I do not deny that I am sorry to say goodbye to life, I would be false and a liar if I said the opposite because life is fantastic, and we have only one. But unfortunately, it went like this. I have done everything possible to be able to live the best possible and try to recover the maximum from my disability, but now I am exhausted both mentally and physically. I do not have a minimum of autonomy of everyday life, I am at the mercy of events, I depend on others on everything, I am like a boat adrift in the ocean. I am aware of my physical condition and prospects so I am totally serene and calm about what I will do. With the Luca Coscioni Association we defended ourselves by attacking and we attacked defending ourselves, we made jurisprudence and a piece of history in our country, and I am proud and honored to have been at your side. Now I'm finally free to fly wherever I want."

*"On behalf of the entire Luca Coscioni Association, we express gratitude to Federico for the trust he has given us in these two years, since he preferred to give up the possibility of going to die in Switzerland and chose to assert his rights in Italy. We gather around his mother, friends and all the people who loved him. His stubbornness not only allowed him to get what he wanted but paved the way for those who will henceforth find themselves in the same conditions. For Federico, the Luca Coscioni Association had to replace the State in the implementation of rights. We will continue to help those who ask us. At this point, a law like the one passed in the House would no longer be needed" said **Filomena Gallo** and **Marco Cappato**.*

Translation: Johannes Agterberg